

Baked Lemon & Artichoke Tilapia

Ingredients:

- 2 filets tilapia
- 1 lemon
- 1 can artichoke hearts, drained
- ½ tbsp olive oil
- Salt
- Pepper
- 6 green onions, chopped

Directions:

1. Preheat oven to 300 degrees (f).
2. Lay tilapia side-by-side in an oven-safe dish.
3. Drizzle with olive oil.
4. Salt/pepper as desired.
5. Cut artichoke hearts into manageable pieces, scatter over/around fish.
6. Slice lemon thinly, scatter over/around fish.
7. Baked for 18-20 minutes, or until fish flakes easily with a fork.
8. Serve, and enjoy.

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